



SUMMER WORKOUTS GUIDELINES



*Voluntary Summer
Workouts are scheduled
to begin June 1.*

1. **Stay home if sick:** bus drivers will use non-contact infrared thermometers to take athletes' temperatures. If temp is too high, students will not board the bus. Student drivers will be scanned at campus entry; if temp is too high, they will not enter campus. Coaches will notify parents of students' temperatures.
2. **Sanitization:** no sharing of equipment, water bottles, clothing or towels. All workout spaces, medical rooms, bathrooms and locker rooms must be fully cleaned with appropriate disinfectant prior to a new workout session.
3. **Mask On, sometimes:** Masks must be worn for group gatherings and discussions, regardless of distancing.